



SIGHT FOR ALL

Community Eye Care Support to School Going Children and Senior Citizens of Panchkhal, Kolhavi and Thasang Municipalities in Nepal



Project Closing Ceremony
TILGANGA INSTITUTE OF OPHTHALMOLOGY, KATHMANDU

AIM OF THE PROJECT

- To improve access to quality eye care services and promote eye health awareness among communities and school-aged children in Panchkhal-Kavreplanchok, Kolhavi-Bara, and Thasang-Mustang districts of Nepal

Moto - “SIGHT for ALL” – “SABAIKA LAGI DRISHTI”.

OBJECTIVES OF THE PROJECT

General:

- Expand equitable access to essential eye care services

Specific:

- Build capacity for FCHVs, School Teachers and CHWs for vision screening and Identify ocular abnormalities
- Create community awareness on eye health
- Support to conduct School and community-based screening program
- Provide Spectacle for refractive errors cases
- Refer cataract and other abnormal cases for further surgery and management

KEY STAKEHOLDERS

- Nepal Eye Program, Tilganga Institute of Ophthalmology (NEP-TIO)
- SIGHT Group (SG)
- Grandee Social Foundation (GSF)
- Local Governments (Municipalities)

PROJECT DURATION AND LOCATIONS

Duration: March – December 2025

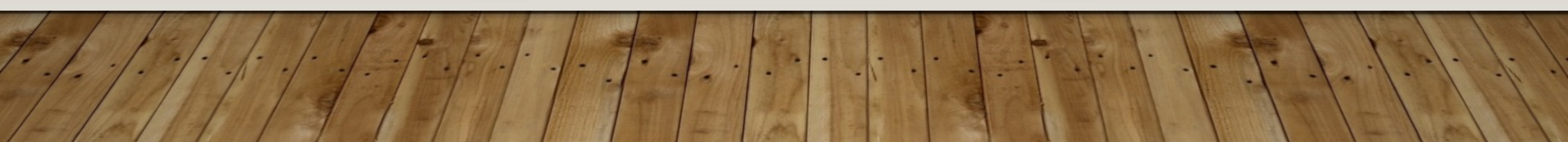
Locations: Kolhavi- Bara, Panchkhal- Kavreplanchok, Lete-
Mustang

TARGET BENEFICIARIES

Direct beneficiaries:

- School-aged children: 2,300
- Adults/Senior Citizen: 800 for Eye Screening
- Cataract Surgery – 130 patients with cataract who need surgery for better vision

Indirect beneficiaries

- Families -11,500
 - School Teachers and school Nurses- 40
 - Community Health Workers (FCHV, ANM and AHWs) – 80
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KEY INTERVENTIONS

- i. Intervention 1: Support for organization of training/ orientation of eye care to school teachers and school nurses
- ii. Intervention 2. Support for organization of training/orientation to CHWs, including AHW/ANM and FCHV
- iii. Intervention 3: Support for comprehensive school health check-ups, including eye care
- iv. Intervention 4: Support with the provision of glasses for school children with refraction error
- v. Intervention 5: Referral of school children with ill health for further medical check-ups
- vi. Intervention 6: Support for community awareness
- vii. Intervention 7: Support to organize Cataract Surgery

ACHIEVEMENTS – CAPACITY BUILDING (N=251)

SN	Location	Total	Teachers	FCHVs	CHWs
1	Kolhavi- Bara	106	11	64	31
2	Panchkhal- Kavre planchok	79	31	29	19
3	Lete - Mustang	66	21	26	19
	Total	251	63	119	69

Key Outcomes

- Built Capacity for volunteers and Health Workers
- Identify ocular abnormalities
- Improved referral practice
- Support early diagnosis and treatment(By-CHWs)



GLIMPSES







ACHIEVEMENTS – SCHOOL EYE CARE N=3,534/116

S.N.	Location	Students Screened	Glasses Provided
1	Kolhavi- Bara	463	30
2	Panchkhal- Kavreplanchok	2,202	33
3	Lete - Mustang	869	53
Total		3,534	116



GLIMPSES



ACHIEVEMENTS – COMMUNITY EYE SCREENING N=1102/119

S.N.	Location	Individuals Screened	Glasses Distributed
1	Kolhavi- Bara	276	53
2	Panchkhal- Kavreplanchok	500	-
3	Lete - Mustang	326	66
	Total	1,102+	119



ACHIEVEMENTS –CATARACT SURGERY (N=77)

Kolhavi-Bara

- 41 cataract surgeries performed

Panchkhal- Kavreplanchok

- 11 cataract surgeries performed, recommended by FCHVs and health workers

Lete-Mustang

- 25 Cataract Surgeries performed at Jomsom



POST OPERATIVE –DAY 1



CHALLENGES & MITIGATION

- Language barriers → Used family translators
- Logistics (Transportation) → Some patients came independently
- Teachers' strike → Rescheduled activities
- Limited training preparation → Connected with another training
-two days
- Inadequate Staff in Mustang → Extended camps
- Seasonal migration → Spring follow-ups
- Duplication of program → Improved coordination

OBSTACLES - PANCHKHAL

- ❖ Unable to complete the screening camps due to Panchakhal Municipality having programs with Reyukai Hospital and Ujyalo Nepal.
- ❖ Some programs were not conducted on the proposed dates due to:
 - Teachers' strike
 - Fiscal year disruption
 - Health Insurance Board referral system issues
 - Some FCHVs could not be included in the training due to limitations in TA/DA (Panchakhal Municipality).

SUCCESS STORY - I

- Case: Tugar Chaudhary (56/M)-Kolhvi
- Lived with cataract-related vision loss
- Operated in Nijgadh Community Eye Hospital Screening support- Sight group and surgery support NEP-TIO
- Provided free of Cost for surgery
- Vision regain within a Day
- Restored Happiness



SUCCESS STORY -2

- Sonam Wandi Gurung
8/M
- Dhaulagiri Boarding
school, Lete Mustang
- Identified Refractive
errors by trained
teacher
- Dispensed Free
Spectacle
- Improved Vision



FINANCIAL SUMMARY

SN	Date	Amount (NPR)
1	3-Mar-25	1,90,000
2	23-May-25	1,94,000
3	3-Jul-25	2,00,000
Total		5,84,000

SN	Contributor	Amount (NPR)
1	Grandi Social Foundation	1,94,000
2	Sight Group	3,90,000
3	NEP-TIO	6,56,400
Total		12,40,400

EXPENDITURE –SITE/EVENT

Description-Event	Total Contribution	Sight Group Contribution	NEP-TIO Contribution
Fund Received (3 times)		584,000.00	
Community Screening	113,567.05		
School Screening	112,210.00		
Training	358,222.95		
Cataract Surgery	631,400.00		
Monitoring/Reporting	25,000.00		
Grand Total	1,240,400.00	584,000.00	656,400.00
Site	Total Contribution	Sight Group Contribution	NEP-TIO Contribution
Kohalbi	534,533.00	190,000.00	344,533.00
Thasang -Lete	413,334.00	200,000.00	213,334.00
Panchkhal	292,533.00	194,000.00	98,533.00
Grand Total	1,240,400.00	584,000.00	656,400.00

LESSONS LEARNED FROM PARTNERSHIPS

- Manage Transport logistics need close monitoring
- Support Language
- Early promotion improves coverage
- Strong municipal coordination required
- Contingency planning is critical
- Adequate training preparation time needed

HUMAN POWER PROTECTION

- Sight Group highlighted the importance of community screening involving local health staff as a part of primary eye care in line with Nepal Government's Eye Policy and Strategy.
- Continuous support for community and school based primary eye care and cataract surgery to needy people.
- Municipal authorities were actively involved and provided partial financial subsidies during the screening camps enabling opportunities for continued collaboration on providing integrated eye health services.

FUTURE OPPORTUNITIES OF PARTNERSHIP

- Expand and Continuation of outreach services in underserved communities
- Strengthen school eye health program through CHWs and Teachers
- Building capacity for eye care workforce and volunteers
- Introduce digitalization of community services and innovations
- Support on spectacles and cataract surgery

CONCLUSION

- Screened **3,534 students** through school-based vision screening programs
- Screened **602 community screenings** across Kolhavi and Mustang
- Supported **77 cataract surgeries**, restoring vision for beneficiaries
- Built capacity of **251 individuals** (Teachers, FCHVs, and Health workers)
- Provided **116 spectacles to students** and **119 reading glasses** to community members
- Implemented successfully across **3 districts** despite operational challenges
- Demonstrated effectiveness of a **community-based eye care**

ACKNOWLEDGEMENT

- Sight Group
- Grandi Social Foundation
- Municipalities(Panchkhal, Kohlbi and Thasang)
- CEH Nijgadh
- CEH Bhaktapur
- CEC Mustang
- Schools' Principals/Teachers/HWs
- Others (CBP/FHF)

THANK YOU

